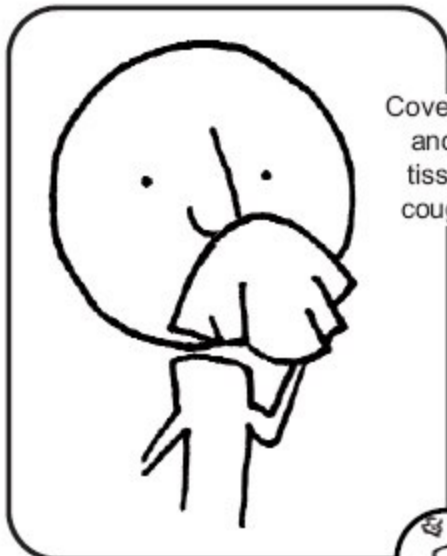


Stop the spread of germs that make you and others sick!

# Cover your Cough



Cover your mouth  
and nose with a  
tissue when you  
cough or sneeze  
or

cough or sneeze into  
your upper sleeve,  
not your hands.



Put your used tissue in  
the waste basket.



You may be asked to  
put on a surgical mask  
to protect others.

Clean  
your  
Hands  
after coughing or sneezing.



Wash hands  
with soap and  
warm water  
for 20 seconds or

clean with  
alcohol-based  
hand cleaner.

