



PSORIASIS

What is Psoriasis?

- ▶ Psoriasis (suh-rye-ah-sis) is a condition that causes the body to make new skin cells in **days**, rather than **weeks**.
- ▶ As these cells pile up on the surface of the skin, you may see thick, scaly patches, called plaques (placks).
- ▶ About 80% to 90% of people living with psoriasis get these plaques, having plaque psoriasis to be the most common diagnosis.
- ▶ Psoriasis tends to be a life-long disease and our **board-certified dermatologist can help you understand and control your diagnosis, resulting in clearer (or clear) skin!**
- ▶ Gain control so you can feel better, improve your overall health, and prevent the psoriasis from worsening.

See the reverse side for treatment options!

Psoriasis Treatment

While there is no cure for psoriasis, there are more treatment choices than ever before. Several new treatments have become available in recent years. Researchers continue to study treatment options for psoriasis and make improvements.

Treatments include:

- Topical creams
- Light Therapy
- Oral Medication (if needed)

By speaking with a dermatologist, you can find what type of treatment can help ease your discomfort and lead to clearer skin.

Request with one of our Board-Certified Dermatologist



HealthySkinTN.com



DAK: 865.524.2547

KDG: 865.690.9467

ETDG: 865.770.3359

Healthy skin is our pledge to you.

General, Surgical, and Cosmetic Dermatology

*Content Verified by the American Academy of Dermatology Association, AAD.org

DAK

Dermatology
Associates
of Knoxville



EAST TENNESSEE
DERMATOLOGY
GROUP

knoxville
dermatology
group

Affiliates of Anne Arundel Dermatology

Stay Connected!

