



COMMON CONDITIONS FOR OLDER ADULTS

Melasma

A common skin problem that causes gray-brown patches, typically throughout the face.

Causes

- ▶ Sun exposure
- ▶ A change in hormones
- ▶ Skincare products

Treatments

Melasma is known to heal on its own when the trigger is removed. If this is not the case, we recommend consulting with a dermatologist to discuss topical medications or in-office procedures.

Broken Capillaries | Spider Veins

Superficial blood vessels can develop on almost any part of the body.

Causes

- ▶ Sun damage
- ▶ Rosacea
- ▶ Heredity
- ▶ Injury
- ▶ Aging

Treatments

Consult with a dermatologist about IPL Photorejuvenation or Varicose and Spider Vein treatment.

Hair Loss

Millions of people develop early signs of hair loss. Some may have it for months or years before even noticing.

Early Signs of Hair Loss

- ▶ Gradual thinning of the hair on your head
- ▶ Bald spot
- ▶ Receding hairline
- ▶ Widening part
- ▶ Thinner ponytail

Causes

- ▶ Age
- ▶ Hereditary hair loss
- ▶ Haircare: color, perm, styling
- ▶ Hairstyle too tight
- ▶ Hormonal imbalance
- ▶ Medication
- ▶ Recent operation, illness, or chemotherapy

Treatment

While your hair may regrow on its own, your dermatologist may recommend treatment to help it grow more quickly, such as shampoos, washes, or oral medication.

Schedule an appointment with one of our Board-Certified Dermatologists to discuss treatment options.



HealthySkinTN.com



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Healthy skin is our pledge to you.

General, Surgical, and Cosmetic Dermatology

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