



SOUTHERN  
DERMATOLOGY  
SKIN CANCER CENTER  
SKIN RENEWAL CENTER



Raleigh Dermatology

Affiliates of Anne Arundel Dermatology



# COMMON CONDITIONS FOR OLDER ADULTS

## Melasma

A common skin problem that causes gray-brown patches, typically throughout the face.

### Causes

- ▶ Sun exposure
- ▶ A change in hormones
- ▶ Skincare products

### Treatments

Melasma is known to heal on its own when the trigger is removed. If this is not the case, we recommend consulting with a dermatologist to discuss topical medications or in-office procedures.

## Broken Capillaries & Spider Veins

Superficial blood vessels can develop on almost any part of the body.

### Causes

- ▶ Sun damage
- ▶ Rosacea
- ▶ Heredity
- ▶ Injury
- ▶ Aging

### Treatments

Consult with a dermatologist about IPL Photorejuvenation or Varicose and Spider Vein treatment.

## Hair Loss

Millions of people develop early signs of hair loss. Some may have it for months or years before even noticing.

### Early Signs of Hair Loss

- ▶ Gradual thinning of the hair on your head
- ▶ Bald spot
- ▶ Receding hairline
- ▶ Widening part
- ▶ Thinner ponytail

### Causes

- ▶ Age
- ▶ Hereditary hair loss
- ▶ Haircare: color, perm, styling
- ▶ Hairstyle too tight
- ▶ Hormonal imbalance
- ▶ Medication
- ▶ Recent operation, illness, or chemotherapy

### Treatment

While your hair may regrow on its own, your dermatologist may recommend treatment to help it grow more quickly, such as shampoos, washes, or oral medication.

*Healthy skin is our pledge to you.*

**Find a spot? Book an appointment today.**